



**RIGA NORDIC  
UNIVERSITY**



**International scientific conference**

# **Implementation of a Healthy Lifestyle Model in EU Countries and Ukraine**

**October 29–30, 2025**  
Riga, the Republic of Latvia

Scientists, postgraduate students, students of higher education and research institutions, as well as practitioners who are actively engaged in physical culture and sports research are invited to participate in the international conference.

## **CONFERENCE ORGANIZER**

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**Riga Nordic University**  
with support of the  
**Center for Ukrainian and  
European Scientific Cooperation.**



**STRONGER TOGETHER**  
Researchers are united!

## **HEAD OF ORGANISING COMMITTEE**

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**Romans Djakons**, Dr.sc.ing., Professor, Academician,  
Chairman of the Board of Riga Nordic University.



## **REGISTRATION PROCEDURE**

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**Form of participation:** distant. Persons who are interested in participation in the international conference should send the following documents to Organising Committee **before October 24, 2025 (inclusively)**:

1. [fill an application form](#);
2. send the abstracts to Organising Committee: [phys@cuesc.org.ua](mailto:phys@cuesc.org.ua).

The title of a file should meet surname of a speaker indicating Abstracts – for abstracts. For example: Shevchenko\_Abstracts.

Re: **FOR THE CONFERENCE ON PHYSICAL EDUCATION.**

## SECTIONS

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1. Theory and Methodology of Athletes Training.
2. Human Health, Fitness and Recreation, Physical Education of Different Groups of Population, Physical Rehabilitation.
3. Sport Medicine, Physiology and Biochemistry of Sport.
4. Modern problems of population recovery and ways to solve it.
5. Modern information technologies in physical culture and sports.

## CONDITIONS OF PARTICIPATION

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All conference participants will be provided with an electronic collection of abstracts and a certificate of participation authenticated by a seal. Participants of the conference will have an opportunity to present the collection of abstracts and certificate as evidence of participation in the international conference that took place in the EU country.

*Each conference participant receives an electronic certificate with the volume of skill enhancement (15 hours – 0.5 ECTS credit).*

DOI will be assigned for each abstract from the conference's collection of abstracts, enabling authors to find their scientific work at the website of [Open Ukrainian Citation Index \(OUCI\)](#), which was developed by the specialists of the State Scientific and Technical Library of Ukraine by order of the Collegium of the Ministry of Education and Sciences of Ukraine.

The collection will be awarded with **ISBN** (International Standard Book Number) by European publishing house “Izdevnieciba “Baltija Publishing”.

*Certificate is a document confirming participation in the activities of a scientific conference (congress, symposium, and workshop) that took place in the EU country according to paras. 7.4 Section 2 of the Procedure for awarding degrees to academic staff approved by the Order of the Ministry of Education and Science of Ukraine dated January 14, 2016, № 13.*

A collection of conference abstracts will be available on an open platform of the European publisher “Izdevnieciba “Baltija Publishing”. A sample of the collection's publication is available [at the link](#).

## ACADEMIC INTEGRITY

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The Organizing Committee guarantees high-quality anonymous peer-review of every research paper. All conference abstracts are subject to checking for plagiarism using [StrikePlagiarism.com](https://www.strikeplagiarism.com) by the Polish company [Plagiat.pl](https://plagiat.pl).

## PROHIBITION ON USING THE AGGRESSOR STATE'S SCHOLARLY PAPERS

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Languages: Ukrainian, Latvian, and English. It is prohibited citing and including in the reference list Russian-language publications published in any country, including papers written in other languages but published in Russia and Belarus.

## REQUIREMENTS FOR ABSTRACTS

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Section name.

In one spacing, English paper title is centered (bold capital letters, Times New Roman, no. 16).

In one spacing, Ukrainian paper title is centered (bold capital letters, Times New Roman, no. 16).

In one spacing, in the center, the author's surname and initials in Latin characters (Times New Roman, no. 14, in bold type) academic degree, academic rank (if any), post, affiliation, city, and country (in English); Times New Roman no. 14, in italics.

In one spacing, in the center, the author's surname and initials (Times New Roman, no. 14, in bold type), academic degree, academic rank (if any), post, affiliation, city, and country (in Ukrainian); Times New Roman no. 14, in italics.

After one spacing there is a text which should meet the following requirements: A-4, all fields – 2 cm, Times New Roman № 14, line spacing – 1,5.

References (without repetitions) are at the bottom of the text taking into account the National Standard of Ukraine [DSTU 8302: 2015 “Information and documentation. Bibliographic reference. General principles and rules of composition”](#). Citations in the text should be marked with numerical order of a source according to the list and page (pages) number, for example [7, p. 16].

Text volume is **up to 5 pages** including References.

**Languages:** Ukrainian, Latvian, English.

Please note that the **maximum number of co-authors** is 3.

## REPRESENTATIVE OFFICE IN UKRAINE

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**Center for Ukrainian and European Scientific Cooperation** (*according to signed international cooperation agreement with Riga Nordic University*)

Contact person – **Korobets Oksana Volodymyrivna** –  
Coordinator of scientific events and projects on physical sciences.



**Telephone:** +38 (068) 487 24 43

**E-mail:** [phys@cuesc.org.ua](mailto:phys@cuesc.org.ua)

**Facebook:** [facebook.com/cuescinfo](https://facebook.com/cuescinfo)

**Web-site:** [cuesc.org.ua](http://cuesc.org.ua)

**YouTube:** [youtube.com/channel/cuescinfo](https://youtube.com/channel/cuescinfo)

## EXAMPLE OF ABSTRACT

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### 4. Modern problems of population recovery and ways to solve it

#### Sports and recreational projects for student youth

#### Спортивні і рекреаційні проекти для студентської молоді

**Kaliuzhna N. A.**

*Doctor of Science (Physical Education and Sports), Professor,  
Professor at the Department of Physical Education,  
Sports and Health*

*V. I. Vernadsky Taurida National University  
Kyiv, Ukraine*

**Калюжна Н. А.**

*доктор наук з фізичного виховання і спорту, професор,  
професор кафедри фізичного виховання, спорту та здоров'я  
Таврійський національний університет імені В. І. Вернадського  
м. Київ, Україна*

Text... [1, с. 178].

### References:

1. Петрова І. В. Проектування в соціально-культурній сфері : навчальний посібник. К. : Вид-во КНУКіМ, 2007. 372 с.